



# Island Lake Lodge

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<b>The 'Hunter's Bowl'</b>	\$14
lodge made elk chorizo, baby potatoes, red pepper, zucchini, kale, onions, 2 fried eggs, heirloom tomato, toast	
<b>Maple Egg Sandwich</b>	\$13
avocado, bacon, tomato, maple fried egg, smoked maple cheddar, toasted english muffin, potatoes & fruit	
<b>Whole Wheat Gingerbread Pancakes</b>	\$13
peach & spice compote, whipped mascarpone, bacon or sausage	
<b>Roasted Root Vegetable Omelet</b>	\$14
roasted yams, cipoline onions, parsnips, carrots, parmigiano reggiano, toast, potatoes & fruit	
<b>French Omelet</b>	\$14
gruyère & parmigiano reggiano, fine herbs, toast, potatoes & fruit	
<b>Southwest Eggs Benny</b>	\$16
pulled pork or tomato & avocado, 2 poached eggs, english muffin, heirloom tomatoes, corn beurre blanc, potatoes & fruit	
<b>Standard Lodge Breaky</b>	\$13
2 free range eggs, venison sausage or bacon, toast, potatoes & fruit	
<b>Muesli Parfait</b>	\$11
lodge made granola, fresh berries, greek yogurt, seasonal fruit pûrée, venison sausage or bacon	

## Sides

chat potatoes	4
fresh cut fruit	5
free range egg	2
garlic & herb venison sausage	5
caramelized bacon	5
wholegrain or marble rye toast	3
today's fresh baked pastry	3

## Drinks

espresso	3
americano	4
cappuccino	4.5

gluten.lactose.allergen free. by request



Recommended by the Vancouver Aquarium as ocean-friendly.